



SWEET PIXIE DREAMS

**THE COMPLETE BAG EDIT • WORKBOOK**

# Build Your *Perfect Bag*

*A step-by-step work book for creating a bag that feels  
completely organised, intentional, and you.*

THE COMPLETE BAG EDIT · WORKBOOK

# Build Your Perfect Bag

A guided workbook for building the bag system you've  
always wanted.

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*"You're not carrying more — you're just carrying it better."*

Amy

# Welcome

## *& a note from Amy*

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Hi lovely,

Welcome to The Complete Bag Edit Workbook — and thank you so much for being here.

If you've already downloaded my free pouch guide, you know I'm a big believer in the idea that a well-organised bag isn't really about the bag at all. It's about how you move through your day. The confidence of knowing everything is exactly where it should be. The calm of switching bags without the last-minute panic. The feeling of being quietly, effortlessly prepared.

*That's what this workbook is for.*

We're going to go deeper than the free guide — not just what goes in your pouches, but building a system that's completely personal to you. Your bags, your lifestyle, your essentials. No one-size-fits-all here.

Take your time with it. Fill it in digitally or print it out and grab a pen — whatever feels right for you. There are no wrong answers, just the beginning of a system that actually works for your life.

*I'm so excited for you to have this.*

Amy x

*"Every well-organised bag starts with one honest decision: what do I actually need?"*

— Amy · Sweet Pixie Dreams

# How to use *this workbook*

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Think of this as a guided conversation with yourself about how you actually live and move through your day. There's no right or wrong — just honest answers that help you build something that genuinely works for you.

**1****Go at your own pace**

You don't need to complete this in one sitting. Some pages are quick; others are worth sitting with. Take the time you need — the more honest you are, the better your system will be.

**2****Print it or fill it in digitally**

This workbook is designed to work both ways. Print it for a more tactile journalling experience, or fill it in on your device using a PDF editor — whatever suits your style.

**3****Make it yours**

The prompts are starting points, not rules. Add notes in the margins, skip what doesn't apply, come back to pages as your life changes. This is a living document — not a test.

**4****Revisit it seasonally**

Your bag needs change with the seasons, your routine, and your style. Revisiting this workbook every few months keeps your system feeling fresh and intentional.

**A NOTE FROM AMY**

I created this workbook because I wanted something that went beyond a generic packing list. Your bag is personal — it travels with you everywhere. It deserves a system that actually reflects your life. I hope this helps you build exactly that 💕

# Know your bag style

Before we build your system, let's get clear on how you actually use your bags. Circle or tick the style that feels most like you — it's fine to mark more than one.

**The daily switcher**

☐

You change bags based on your outfit or mood.  
Organisation is everything — you need a system that moves with you effortlessly.

**The one-bag girl**

☐

You find your perfect bag and stick with it. You want it to work hard and hold everything without feeling chaotic inside.

**The occasion dresser**

☐

Your bag matches the event — work, weekends, evenings out. Each bag has a different purpose and needs a different setup.

**The collector**

☐

You love bags as much as what's inside them. Building a system that honours your collection is part of the joy.

WHAT DOES YOUR IDEAL BAG DAY LOOK LIKE?

Where are you going, what do you need, how do you want to feel?

WHAT FRUSTRATES YOU MOST ABOUT HOW YOUR BAG IS ORGANISED RIGHT NOW?

MY BAG STYLE IN THREE WORDS

# Your daily *essentials audit*

Start by emptying your current everyday bag completely. Yes, really — everything out. Then work through this page honestly. This is where the magic of editing begins.

BEFORE YOU START

Empty your bag right now and lay everything out in front of you. Don't edit yet — just get it all out. We'll sort through it together on this page.

KEEP — I USE THIS DAILY

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LEAVE — RARELY USED

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AFTER THE EDIT — WHAT SURPRISED YOU MOST ABOUT WHAT YOU'VE BEEN CARRYING?

WHAT ONE ITEM DO YOU WISH YOU ALWAYS HAD IN YOUR BAG?

# Build your

## Feel-Good Pouch

This is the pouch you'll reach for most throughout the day — the one that keeps you feeling put-together no matter where you are. Keep it small and intentional.



### Feel-Good Pouch

EVERYDAY ESSENTIALS · REACHES FOR OFTEN

AMY'S SUGGESTED ESSENTIALS — TICK WHAT WORKS FOR YOU

<input type="checkbox"/> Lip balm	<input type="checkbox"/> Lip gloss
<input type="checkbox"/> Hand cream	<input type="checkbox"/> Hair ties
<input type="checkbox"/> Bobby pins	<input type="checkbox"/> Compact mirror
<input type="checkbox"/> Perfume rollerball	<input type="checkbox"/> Nail file

ADD YOUR OWN EXTRAS

☐

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☐

WHAT SIZE POUCH WORKS BEST FOR THIS?

Mini zip

Slim, flexible

Small flat

Structured bags

Wristlet

Clips outside


AMY'S TIP

Choose a soft, flexible pouch for this one — it moulds to whatever space your bag gives it. Keep it easy to open. If it's fiddly, you won't use it the way you mean to.

# Build your

## Emergency Pouch

This one quietly saves the day — you're not reaching for it constantly, but when you need it, you really need it. Think of it as your bag's insurance policy.



Emergency Pouch

JUST IN CASE · TUCKED AWAY QUIETLY

AMY'S SUGGESTED ESSENTIALS — TICK WHAT WORKS FOR YOU

<input type="checkbox"/> Pain reliever	<input type="checkbox"/> Band-aids
<input type="checkbox"/> Alcohol wipe	<input type="checkbox"/> Feminine products
<input type="checkbox"/> Mints	<input type="checkbox"/> Stain remover pen
<input type="checkbox"/> Safety pins	<input type="checkbox"/> Blotting papers

ADD YOUR OWN EXTRAS

☐ \_\_\_\_\_

☐ \_\_\_\_\_

☐ \_\_\_\_\_

☐ \_\_\_\_\_

WHAT SIZE POUCH WORKS BEST FOR THIS?

<div>Micro pouch</div> <div>Tiny &amp; structured</div>	<div>Small zip</div> <div>Slim &amp; flexible</div>	<div>Mini duffel</div> <div>Opens wide</div>
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AMY'S TIP

A more structured pouch works best here — it stops tiny items like tablets and pins from getting lost. Once it's packed, leave it alone. The whole point is that it's always ready.

# Build your Tech Pouch

The unsung hero of the whole system. You might not think you need it — until your battery hits 10% and your earbuds are tangled around everything else in your bag.



## Tech Pouch

CABLES & POWER · TANGLE-FREE ALWAYS

### AMY'S SUGGESTED ESSENTIALS — TICK WHAT WORKS FOR YOU

☐ Portable charger

☐ Earbuds

☐ USB adapter

☐ SD card / USB

☐ Charging cable

☐ Phone stand

☐ Screen cloth

☐ Cable ties

### ADD YOUR OWN EXTRAS

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

### WHAT SIZE POUCH WORKS BEST FOR THIS?

**Mesh zip**  
See everything

**Small flat zip**  
Slim & light

**Tech organiser**  
Loops & pockets

#### AMY'S TIP

A mesh pouch is my favourite for this — you can see everything at a glance without digging. It's lightweight, flexible, and fits into even smaller bags without adding bulk.

# Build your Makeup Pouch

OPTIONAL

This one's for longer days, day-to-night plans, or whenever you want the option of a proper touch-up. Not a full makeup bag — just the pieces that make the biggest difference.



## Makeup Pouch

DAY-TO-NIGHT · SWAP WITH FEEL-GOOD POUCH

### AMY'S SUGGESTED ESSENTIALS — TICK WHAT WORKS FOR YOU

☐ Lip product

☐ Setting powder

☐ Lip & cheek stick

☐ Mini sponges

☐ Concealer

☐ Mascara

☐ Brow pencil

☐ Compact mirror

### ADD YOUR OWN EXTRAS

☐

☐

☐

☐

### WHAT SIZE POUCH WORKS BEST FOR THIS?

**Mini duffel**  
Opens wide

**Flat zip**  
Slim & neat

**Small roll bag**  
Longer days

### AMY'S TIP

Keep this edit realistic — only products you'll actually use on the go. A pouch that's overfilled becomes a bag within a bag, and defeats the whole purpose. Less is always more here.

# Your

## bag wardrobe

Map out the bags you own and the pouch combination that works best for each one. Once you've done this, switching becomes automatic — no thinking required.

HOW TO USE THIS PAGE

Fill in each bag you own, its size, and what occasion you use it for. Then circle the pouches that go in that bag. This becomes your go-to reference every time you switch.

BAG NAME / DESCRIPTION	SIZE	OCCASION
POUCH COMBO — CIRCLE WHAT APPLIES		NOTES
<div>Feel-Good</div> <div>Emergency</div> <div>Tech</div> <div>Makeup</div>		

BAG NAME / DESCRIPTION	SIZE	OCCASION
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# Your

## *switching routine*

Build your personalised step-by-step checklist for switching bags. Once you've done it a few times, you won't even need this — it becomes second nature.

### 1 Before you switch — check your current bag

- ☐ Remove all pouches as a set — don't unpack them
- ☐ Check for loose items: phone, cards and keys
- ☐ Check all pockets and zip compartments
- ☐ \_\_\_\_\_

### 2 Choose your pouch combo for the day

- ☐ Quick errands? Feel-Good + Emergency only
- ☐ Full day out or working remotely? Add Tech pouch
- ☐ Day to night? Swap Feel-Good for Makeup pouch
- ☐ \_\_\_\_\_

### 3 Drop everything into the new bag

- ☐ Drop pouches straight in — no unpacking needed
- ☐ Add phone, cards and keys loose for quick access
- ☐ Check: do I have everything I need for today?
- ☐ \_\_\_\_\_

#### AMY'S TIP

The whole switch should take under 60 seconds once your system is set up. If it's taking longer, something in your setup needs simplifying — come back to your audit on page 5.

# Your

## *signature bag edit*

This is the page you've been building toward. Pull everything together here — your go-to bag, your perfect pouch setup, and the style that's completely yours.

**My bag style in three words — circle yours:**

Intentional

Effortless

Polished

Minimal

Practical

Considered

Elegant

Organised

Put-Together

Relaxed

MY EVERYDAY GO-TO BAG

MY FAVOURITE OCCASION BAG

MY SIGNATURE EVERYDAY POUCH SETUP

•

Feel-Good Pouch —

•

Emergency Pouch —

•

Tech Pouch —

•

Makeup Pouch (when needed) —

WHAT CARRYING A WELL-ORGANISED BAG MEANS TO ME

YOU DID IT

You now have a bag system that's completely personal to you. Come back to this page whenever your life or style changes — your signature edit will evolve with you.

# Notes

## & extras

Use this space however works for you — bag wishlist, seasonal swaps, things to try, ideas that came up while working through the workbook.

MY BAG WISHLIST

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SEASONAL SWAPS — THINGS TO CHANGE WHEN THE SEASON DOES

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THINGS I WANT TO TRY OR EXPLORE

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FREE NOTES

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AMY · SWEET PIXIE DREAMS

# The Complete *Bag Edit*

*Workbook*

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